

"I think the best support is where I'm in control and where I'm safe that would be astronomically great!"

Child, aged 9

IMPACT REPORT 2022-23

HOW YOU HELPED US MAKE A DIFFERENCE IN 2022/2023



Our ambition is for every child in Scotland to be safe, loved and well, with their family. As a charity we offer emotional, practical and financial support to help families to put children first and campaign to uphold the rights of every child.

We support the whole family when they need it, for as long as they need it. We offer help to prevent families reaching crisis point, to keep children safe and to support children and families to recover from trauma and harm.

10,300

CHILDREN AND YOUNG PEOPLE supported to stay safe from harm and to recover from trauma and abuse.

189



VOLUNTEERS played a vital role across the charity, supporting our children and family services, Children 1st Parentline and fundraising activity.

20,200

children, young people and family members in **5,500 families** supported to stay safe, loved and well.

Our teams worked across Scotland in **17** local authorities and in our **five** national services.

£920,000

was put back in to **627** families' pockets by our Scotland-wide financial wellbeing team.

41

families were supported to attend residential outdoor weekends with **Children 1st Bide Oot** to strengthen their relationships and support their mental health and wellbeing.



887

children in Scotland, who might otherwise go without, experienced the joy of reading by receiving monthly books through our partnership with **Dolly Parton's Imagination Library.**

5,540

PEOPLE & 2,250 FAMILIES

received emotional and practical help through **Children 1st Parentline**, which offers support 365 days a year.

382

FAMILIES GOT SUPPORT from our **family group decision making team** to plan to support their child, before a life-changing decision was made about their child's future.

The top 3 challenges Children 1st supported families with were **children's emotional wellbeing, family relationships and education.**



Thank you to all our supporters, partners, volunteers, and colleagues across Scotland for the invaluable part they play in keeping children safe.

The exceptional support from players of People's Postcode Lottery has enabled Children 1st to sustain core established services as well as support the planning of new services, helping to reach more children.

We are grateful for the committed support of organisations such as Weir Group, Deloitte LLP, Springfield Golf Society, Banks Family Foundation, Inspiring Scotland, Amati Global Investors Ltd, Accord, EY, Scottish Football Association, CNOOC Petroleum Europe Ltd, Tom Hunter Foundation, Capco, Brodies LLP, The Wood Foundation, Moda.

A special thanks to our funders including Comic Relief, Carrick Futures, Cattanach, Dinning Charitable Trust, Kilgallioch Community Fund, Northwood Charitable Trust, STV Children's Appeal, The Britford Bridge Trust, The Mrs Janet T Isles Denny Trust, The National Lottery Community Fund, The Openwork Foundation, The RS Macdonald Charitable Trust, The Swire Charitable Trust, The Wiseman Family Charitable Trust, Ryvoan Trust, Sylvia Aitken Charitable Trust, William Grant Foundation and many more trusts and foundations who continue to partner with us to fund our vital services and projects across Scotland.

We would also like to acknowledge the vital partnerships and support from local authorities and the Scottish Government.

Lastly, we want to acknowledge with deepest gratitude everyone who remembered Children 1st with a gift in their Will. We couldn't do our work without their thoughtful generosity.



"You really listened and helped me with so much more than I had phoned about. I am so grateful for all you have done."

Parent, Children 1st Parentline



Find out more
and donate at
children1st.org.uk



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